

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 International Joke Day 9:30 Exercise – MLR 10:30 News and Views- YC 11:00 Jokes -YC 1:45 Church Service- MLR 2:30 Dime Bingo- YC 3:30 Jeopardy Questions- YC 6:00 Evening Movie Alyson	2 9:30 Exercise MLR 10:30 News & Views YC 1:30 Walking group 2:00 Lock 52 Music- MLR 3:30 Manicures AK 6:00 Evening Movie Alyson	3 9:30 Exercise MLR 10:30News&ViewsYC 1:00 Name Ten YC 2:00 Sunshine Pals YC 2:30 Nickel BINGO YC 6:00EveningMovie MLR Debbie	4 Independence Day 9:30 Exercise MLR 10:30 4 th of July Fun YC 2:00 Ice Cream Sand. YC 2:30 Patriotic songs 4:00 Rummy- Cards YC 6:00 Evening Movie MLR Debbie	5 9:30 Exercise MLR 10:15 Rosary MLR 10:45 News & Views YC 1:30 Bible Study MC 2:00 Word games YC 3:30 Dime Bingo YC 6:00 Evening Movie Lauren	6 9:30 Exercise MLR 10:30 News & Views YC 11:00 Manicures AK 2:30 Happy Hour and Birthday Parties w/ Steven Banyas MDR 6:00 Evening Movie MLR Debbie	7 9:30 Exercise MLR 10:30 News & Views YC 1:30 Word games YC 2:00 Nickel Bingo YC 3:30 Manicures 6:00 Movie & Popcorn MLR Lauren
8 9:30 Exercise MLR 10:15 Communion MLR 10:45 News & Views YC 1:45 Church Services MLR 2:45 Nickel Bingo YC 4:00 Afternoon Walks 6:00 Evening Movie MLR Lauren	9 9:30 Exercise MLR 10:30 News & Views YC 1:30 Jokes YC 2:00 Blair Fodelius MLR 3:30 Manicures AK 6:00 Evening Movie MLR Lauren	10 9:30 Exercise MLR 10:30News&Views YC 11:00 Fairmount Church 1:30 Step it up-YC 2:00 Nickel BINGO YC 3:30 Nancy Harris YC 6:00 Evening Movie MLR Alyson	11 9:30 Exercise MLR 10:30 News & Views YC 2:00 Ice Cream Social YC 2:30 DOLLAR BINGO YC 4:00 Rummy Cards YC 6:00 Evening Movie MLR Alyson	12 9:30 Exercise MLR 10:15 Rosary MLR 10:45 News& Views YC 1:30 Bible Study MC 2:00Jeopardy YC 3:30 Fran Berg MLR 6:00 Evening Movie Alyson	13 9:30 Exercise MLR 10:30 News & Views YC 11:00 Manicures AK 1:30 Walking group 2:30 Happy Hour w/ Anne Barnes - MDR 6:00 Evening Movie MLR Alyson	14 9:30 Exercise MLR 10:30 News & Views YC 11:00 Trivia YC 1:00 Walking Group 2:00 Nickel Bingo 3:30 Let's Visit Hershey PA MLR 7:00 Movie & Popcorn MLR Debbie
15 9:30 Exercise MLR 10:15 Communion MLR 10:45 News & Views YC 2:00 Church/SingingMLR 3:00 Popsicles on porchYC 6:00 Evening Movie MLR Debbie	16 9:30 Exercise MLR 10:30 News & Views YC 1:30 Walks Together 2:00 Dime Bingo! YC 3:30 Manicures AK 6:00 Evening Movie MLR Alyson	17 9:30 Exercise MLR 10:30 News & ViewsYC 1:30 Word Search YC 2:00-Sunshine Pals -YC 2:30- Nickel Bingo-YC 6:00 Evening MovieMLR Alyson	18 MASS 9:30 Exercise MLR 10 :30 News & Views YC 11:00Catholic MASS-MLR 1:30 Walking Group-lobby 2:00 Ice Cream Social YC 2:45 Nickel Bingo YC 7:15 Mennonites MLR Alyson	19 9:30 Exercise MLR 10:15 Rosary MLR 10:45 News & Views YC 1:30 Walking Group 1:30 Bible Study MC 2:00 Dime Bingo YC 6:00 EveningMovie MLR Alyson	20 9:30 Exercise MLR 10:30 News & Views YC 1:00- Lets Walk! 2:30 HappyHour w/Jilissa Velake-MLR 3:30 Manicures AK 6:00 Evening movie MLR Alyson	21 9:30 Exercise MLR 10:30 News & Views YC 11:00 Trivia YC 1:30 Walking Together 2:00 Nickel Bingo YC 3:30 Stories YC 7:00 Movie & PopcornMLR Debbie
22 9:30 Exercise MLR 10:15 Communion MLR 10:45 News & Views YC 2:00 Nickel Bingo YC 3:30 Manicures AK 6:00 Evening Movie MLR Debbie	23 Nation Hotdog Day 9:30 Exercise MLR 10:30 News & Views YC 1:30 Walks Together 2:00 Richard Chafee MLR 3:30 Puzzles/Rummy AK 6:00 Evening Movie MLR Alyson	24 9:30 Exercise MLR 10 :30 News&Views YC 1:30 Walking Group 2:00 Dime Bingo YC 3:30 Greeting Cards AK 6:30 Evening MovieMLR Alyson	25 9:30 Exercise MLR 10:30 News & Views YC 11:00 Church of the Bells 2:00 Ice Cream Social YC 2:30 Dime Bingo YC 3:45 Rummy Cards YC 6:00 Evening Movie MLR	26 9:30 Exercise MLR 10:15 Rosary MLR 1:30 Walking 1:30 Bible Study MC 2:00 Nickel BINGO-YC 3:30 Fran Berg! -MLR 6:00 Evening MovieMLR Alyson	27 9:30 Exercise MLR 10:30 News & Views YC 11:00 Manicures AK 2:30 Happy Hour w/ Andy Rudy MDR 6:00 Evening Movie MLR Alyson	28 9:30 Exercise MLR 10:30 News Group YC 11:00 Funny Jokes YC 1:30 Walks 2:00 Nickel Bingo YC 7:00Movie&Popcorn MLR Debbie

<p>28 9:30 Exercise MLR 10:15 Communion MLR 10:45 News & Views YC 1:45 Scenic Drive 3:30 Sing a long AK 6:00 Evening Movie MLR Debbie</p>	<p>30 9:30 Exercise MLR 10:30 News & Views YC 11:00 Manicures AK 1:30 Lets Walk Outside 2:30 Music W/ Brianna- MC 3:45 Dime Bingo YC 6:00 Evening Movie MLR Alyson</p>	<p>31 9:30 Exercise MLR 10:30 News&Views YC <i>11:30 Lunch Trip-Panera</i> 2:30 Nickel Bingo YC 3:30 Games/Cards YC 6:00 Evening Movie MLR Alyson</p>	<p>JULY 2018</p>	<p><u>Key:</u> Main Dining Room- MDR Main Living Room- MLR Yesterday's Café- YC Activity Kitchen- AK Memory Care- MC Lobby</p>	<p>July Birthdays 7/9 Anna C. 7/11 Lydia P. 7/25 Ingrid R.</p> <p>All activities are subject to change</p>	<p><u>Activity Staff:</u> Activites Director Alyson Esposito</p> <p>Activities Assistants Deb Haumann Lauren McCaffrey Peg Barr Questions- call Alyson at 315-672-3790</p>
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	Independence Day 4	5	6	7
9:30 Exercise 10:30 Communion 11:00 Sing A Long 1:45 Church Service 2:30 Afternoon Movie 3:30 Music Time 6:00 Movie Night	9:30 Exercise 10:30 Balloon Volley 11:00 Name 5 1:30 Painting pictures 2:00 Lock 52 Trio in MLR 3:30 Trivia 6:00 Evening Movie	9:30 Exercise 10:30 News 11:00 Name 5 1:30 Birds & Blooms 2:30 Sunshine Pals 3:30 Manicures 6:00 Movie Night Deb	9:30 Exercise 10:30 News 11:00 4 th of July Fun Facts 1:30 Patio sitting 2:30 Trivia & Ice Cream Sandwiches 3:30 USA Word find 6:00 Movie Night	9:30 Exercise 10:30 Rosary in MLR 11:00 Sing along DVD 1:30 Bible Study 2:00 Afternoon Social 3:30 Balloon Volley 6:00 Movie Night Deb	9:30 Exercise 10:30 Balloon Volley 11:00 Jokes & Trivia 1:30 Walking 2:30 Happy Hour 3:45 Group Chats 6:00 Movie Night	9:30 Exercise 10:30 Baking 11:00 July History 1:30 Nail care 2:30 Bean Bag Toss 3:30 Outdoor Time 6:00 Movie Night Deb
8	9	10	11	12	13	14
9:30 Exercise 10:30 Communion 11:00 Lets Walk 1:30 Sing A Long DVD 2:30 Patio Chats 3:30 Music Time 6:00 Movie Night Deb	9:30 Exercise 10:30 Balloon Volley 11:00 Word finds/Puzzles 1:30 Jokes 2:30 Puzzles and Games 3:30 Walking Outdoor 6:00 Evening Movie	9:30 Exercise 10:30 Summer Reminiscence 11:00 Betsy Ross Bio 1:30 Patio Chats 2:30 Guideposts 3:30 Manicures 6:00 Movie Night Deb	9:30 Exercise 10:30 Simon says 11:00 Trivia Time 1:30 Summer crafts 2:30 Ice Cream Social 3:30 Scenic Drive 6:00 Movie	9:30 Exercise 10:30 Rosary in MLR 11:00 Sitting on Patio and Garden care 1:30 Bible study 2:30 Popsicles on Patio 3:30 Fran Berg 6:00 Evening Movie	9:30 Exercise 10:30 Balloon Volley 11:00 Mind Joggers 1:30 Reading in the courtyard 2:30 Happy Hour MDR 3:45 Puzzles/games 6:00 Friday Movie	9:30 Exercise 10:30 Table Topics 11:00 Patio sitting 1:30 Nail Care 2:30 Table topics 3:30 Afternoon Walk 6:00 Movie
15	16	17	18	19	20	21
9:45 Exercise 10:30 Communion 11:00 Sing a long 1:45 Church Service 3:00 Afternoon Matinee 6:00 Movie	9:30 Exercise 10:30 Balloon Volley 11:00 Word find 1:30 Name 5 2:00 Word finds 3:00 Coloring 4:00 Afternoon walks 6:00 Evening Movie	9:30 Exercise 10:30 News 11:00 Fairmount church 11:00 Name 10 1:30 Conversations 2:30 Sunshine Pals 3:30 Manicures 6:00 Movie Night Deb	9:30 Exercise 10:30 Painting/Coloring 11:00 Catholic Mass 1:30 Afternoon Walks 2:30 Ice Cream social 3:30 Resident Choice 7:00 Mennonites in MLR Deb	9:30 Exercise 10:30 Rosary in MLR 11:00 Balloon Volley 1:30 Bible Study 2:30 Summer Social 3:30 Sing A Long 6:00 Evening Movie Deb	9:30 Exercise 10:30 True or False 11:00 Resident Choice 1:30 Walk in Halls 2:30 Happy Hour MDR 3:45 Group Chats 6:00 Friday Movie	9:30 Exercise 10:30 Baking 11:00 Residents choice 1:30 Nail Care 2:30 Walking outdoors 3:30 Games 6:00 Movie
22	23	24	25	26	27	28
9:45 Exercise 10:30 Communion 11:00 Jazz Music 1:45 Church service 3:00 Puzzles/games 6:00 Movie	9:30 Exercise 10:30 Balloon volley 11:00 Hand massages 1:30 Walking 3:00 Group Games 4:00 Jazz sounds 6:00 Evening Movie	9:30 Exercise 10:30 News 11:00 State Trivia 1:30 Amelia Earhart 2:30 Sunshine Pals 3:30 Manicures 6:00 Movie Night Deb	9:30 Exercise 10:30 Balloon Volley 11:00 Church Service MLR 1:30 Word Games 2:00 Ice Cream Social 3:00 Word Games 6:00 Movie Deb	9:30 Exercise 10:30 Rosary in MLR 11:00 Resident Choice 1:30 Bible Study 2:30 Summer Social 3:30 Fran Berg 6:00 Evening Movie Deb	9:30 Exercise 10:30 Balloon Volley 1:30 Walk in Halls 2:30 Happy Hour MDR 3:45 Bean Bag Toss 6:00 Friday Movie	9:30 Exercise 10:30 Table topics 11:00 Trivia 1:30 Afternoon movie 3:30 Outdoor visits 6:00 Movie
29	30	31	Happy Birthday			
9:45 Exercise 10:30 Sunday News 11:00 One to one visit 1:45 Church service 3:00 Group Games 6:00 Movie	9:30 Exercise 10:30 Balloon volley 11:00 Guideposts 1:30 Walking 2:30 Music w/Briana 6:00 Movie Night	9:30 Exercise 10:30 News 1:30 Conversations 2:30 Word Games 3:30 Manicures 6:00 Movie Night Deb	Anna C. July 9 Lydia P. July 11		July 2018	*All activities are led by Memory Care Staff or Deb Haumann. The calendar is subject to change to meet the needs of our residents.
						Any questions call Alyson Esposito at 315-672-3790 Weather permitting outdoor activities will take place.