

Camillus Ridge Terrace Spring and Summer Menu 2018 Reg/NAS/No Concentrated Sweets

week 5							
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfst	Danish 1 Chef Chioce Omelet 4oz Melon 1/2 cup Juice 4oz	Hot or Cold Cereal 1/2 cup OR Raisin Toast 2 Choice of Egg 2 Orange Slices 1/2 cup Juice 4oz	Quiche Chef Choice 4oz Toast 2 Melon 1/2 cup Juice 4oz	Donuts 1 Scrambled eggs 1/2 cup Oranges 1/2 cup Juice 4oz	Hot or Cold Cereal 1/2 cup OR Raisin Toast 2 Choice of Egg 2 Banana 1 Juice 4oz	French Toast 2 Bacon 2 slices Berries 1/2 cup Juice 4oz	The CRT Muffin 1 (Egg/Sausage/Cheese) Melon 1/2 cup Juice 4oz
LUNCH	Roast Turkey 3oz Mashed Potatoes 1/2 cup Gravy 2 oz Fresh Green Beans 1/2 c Cranberry Sauce 2oz/ Roll 1 Pumpkin Pie 1 SF Pumpkin Pie 1	Seasoned Pork Chop 3oz Baked Potato 1 (3oz) Broccoli 1/2 cup Roll 1 Strawberry Cupcakes 1 SF Strawberry cupcake 1	Turkey Club 5oz Lett and Tomatoes 2oz Potato Chips 1/2 cup Sherbert 1/2 cup	Eggplant Parm Bake 4oz Angel Hair Pasta 1/2 cup w/ Red Sauce Side Salad 1/2 cup Italian Bread 1 Chef Choice Cookies 2 SF Cookies 2	Taco Salad Let /tom/onion/cheese 6oz Salsa 2oz Black Beans & Rice 1/2 cup Soft Breadstick 1 Fruit & Cream 1/2 cup SF Fruit & Cream 1/2 cup	Stuffed Cod with Crab Meat Stuffing 5oz Lobster Sauce 2oz Rice Pilaf 1/2 cup Coleslaw 1/2 cup Roll 1 Banana Split 1/2 cup SF Banana Split 1/2 cup	Grilled Chicken Leg 4 oz (Boneless for Mem Care) Salt Potatoes 1/2 cup Tom and Cuc Salad 1/2 c Roll 1 SF Short Cake 1 Strawberry Short Cake
DINNER	Roasted Tomato Soup 6oz Grilled Tom & Cheese on Rye 5oz Watermelon cubed 1/2 cup	Penne Alla Vodka (Light Cream Sauce) Penne Pasta 6oz Sauteed Spinach 1/2 cup Wheat Bread 1 Reg/SF Crème Brulee 1/2 cup	Stuffed Peppers with Sauce 4oz Wax Beans 1/2 cup Italian Bread 1 slice Peaches 1/2 cup	Carrots & Celery Sticks 1/2 cu BBQ Honey Chicken Nuggets 3oz French Fries 1/2 cup Soft Breadstick 1 Reg/SF Jello Cake 1	Grilled Sweet Sausage Link on Roll 5oz w/ Peppers & Onions 2oz Pasta Salad 1/2 cup Lemon Tart 1 SF Lemon Tart 1	Cold Plate Egg & Olive 3oz Cottage Cheese 1/2 cup Pineapple 1/2 cup Roll 1 Brownies 1 SF Brownies 1	Battered Shrimp 4oz Steak Fries 1/2 cup Cauliflower 1/2 cup Wheat Roll 1 Friut & Jello 1/2 cup SF Jello & Fruit 1/2 cup

*****Regular and Decaffeinated Coffee and Tea, Juice, Milk and Ice Water offered and available at all meals.**

Snacks Available: Lorna Doones Fig Newtons Applesauce Saltine crackers Graham crackers