

Camillus Ridge Terrace Spring/Summer Menu 2018 Reg/NAS/No Concentrated Sweets							
week 4	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfst	Chef Choice Muffin 1 Chef Choice Omelet 4oz Toast 1 Melon 1/2 cup Juice 4 ounces	Hot or Cold Cereal 1/2 cup OR Raisin Toast 2 Choice of Egg 2 Orange Slices 1/2 cup Juice 4oz	Corned Beef Hash 4oz Poached Eggs 2 Toast 2 Melon 1/2 cup Juice 4oz	Assorted Donuts 1 Scrambled Eggs 1/2 cup Melon 1/2 cup Juice 4 ounces	Hot or Cold Cereal 1/2 cup OR Raisin Toast 2 Choice of Egg 2 Banana 1 Juice 4oz	Frittata Chef Choice 4oz (Veggie and Cheese) Toast 2 Fresh Berries 1/2 cup Juice 4oz	Egg and Cheese on Biscuit 5oz Melon 1/2 cup Juice 4 ounces
LUNCH	Baked Ham 3oz Fresh sweet potatoes Mashed 1/2 cup Asparagus 1/2 cup Roll 1 Coconut Cream Pie 1 SF Coconut Cream pie 1	Grilled Conies on Roll 1 German Potato Sal 1/2 cup Watermelon Cubed 1/2 c	Chicken Parm 4oz Angel Hair Spaghetti 1/2 c Side Salad 1/2 cup Italian Bread 1 Ice Cream Novelties 1 SF Ice Cream Novelties 1	Fresh Greens Salad with Strawberries Oranges and pecans 6oz Roll 1 Chef Choice Cake 1 SF Cake 1	Turkey Divine Broccoli and Cheese 6oz Noodles 1/2 cup Wheat Roll 1 Cookies 2 SF Cookies 2	Shrimp Risotto 6oz Rice 1/2 cup Italian Bread 1 Green Beans 1/2 cup Ice Cream Cake 1 SF Ice Cream Cake 1	California Chicken Salad on Crossiant 5oz Sweet Potato FF 1/2 cup Fruited Jello 1/2 cup SF Fruited Jello 1/2 cup
DINNER	Cream of Mushroom soup 6oz Tuna Salad Sandwich 5oz Fresh Grapes 1/2 cup	Home Made Chicken and Dumplings 6oz Peas 1/2 cup Whipped Cream Salad 1/2 cup SF Whipped cream 1/2 c	Meatloaf 3oz Mashed Potatoes 1/2 cup Corn 1/2 cup Apple Crisp 1/2 cup SF Apple Crisp 1/2 cup	BLT sandwich on Rye 5oz Sun Chips 1/2 cup Peaches 1/2 cup	Antipasto Salad 6oz (Mixed Greens topped with Salami /Ham /Prov) Hard Boiled Egg 1 Roll 1 Cherry Pie 1 SF Cherry Pie 1	Grilled Cheese Burger on Bun 5oz Pasta Salad 1/2 cup 3-Bean Salad 1/2 cup Fresh Fruit Cup 1/2 cup	Baked Ziti with Meat Sauce 6oz Side Salad 1/2 cup Italian Bread 1 Warm Cinnamon Apples 1/2 cup SF Cinn Apples 1/2 cup

***Regular and Decaffeinated Coffee and Tea, Juice, Milk and Ice Water offered and available at all meals.

Snacks available: Lorna doones Fig newtons Applesauce Saltine Crackers Graham Crackers