

| WEEK 2 | | | | | | | |
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| Camillus Ridge Terrace Spring/Summer Menu 2018 Reg/NAS/No Concentrated Sweets | | | | | | | |
| | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| Breakfst | Blueberry Muffin 1 Chef Choice Omelet 4oz Toast 1 Melon 1/2 cup Juice 4oz | Hot or Cold Cereal 1/2 cup OR Raisin Toast 2 Choice of Egg 2 Orange Slices 1/2 cup Juice 4oz | French Toast 2 Sausage Links 2 Melon 1/2 cup Juice 4oz | Assorted Donuts 1 OR Toast 2 Scrambled Eggs 1/2 cup Melon 1/2 cup Juice 4oz | Hot or Cold Cereal 1/2 cup OR Raisin Toast 2 Choice of Egg 2 Banana 1 Juice 4oz | Bagels 1 Cream Cheese 2oz Choice Of Egg 2 Fresh Berries 1/2 cup Juice 4oz | Egg and Cheese on Biscuit 5 oz Melon 1/2 cup Juice 4oz |
| LUNCH | Sweet and Sour Pork 3oz LoMein Noodles 1/2 cup Baby Carrots 1/2 cup Wheat Roll 1 Apple Bar 1 SF Apple Bar 1 | BBQ Grilled Chicken 4oz Salt Potatoes 1/2 cup Broccoli Salad 1/2 cup Roll 1 Peach Cobbler 1/2 cup SF Peach Cobbler 1/2 cup | Sliced Tomato with Mozz & Basil 1/2 cup Spaghetti & Meatballs 6oz Garlic Toast 1 Novelty Ice Cream 1 SF Novelty Ice Cream 1 | Mac and Cheese 6oz Stewed Tomatoes 1/2 cup Wheat Bread 1 Blondie Brownies 1 SF Blondie Brownies 1 | Chicken Ceasar Salad Seasoned Chicken 3oz on Fresh Greens 1 cup Tom, Boiled Egg, Croutons Roll 1 Cherry Pie 1 SF Pie 1 | Broiled Haddock 4oz Seasoned Rice 1/2 cup Creamy Coleslaw 1/2 cup Roll 1 Ice Cream Cake 1 SF ice cream 1 | Bean & Bacon Soup 6oz Turkey on Wheat Bread 4oz Let & Tomato 2 oz Pickles 2 Strawberry Short Cakes 1 SF Strawberry Short Cake 1 |
| DINNER | Italian Sub Salami, Ham, Provolone 5oz Let & Tomato 2oz Side Salad 1/2 cup Pears 1/2 cup | BLT Sandwich 5oz Beef Barley Soup 6oz Tapioca Pudding 1/2 cup SF Tapioca Pudding 1/2 c | Chipped Beef /Gravy 4oz over Toast 1 Peas 1/2 cup Mandarin Oranges 1/2 cup | Salisbury Steaks 3 oz Mushroom Gravy 1oz Mashed Potatos 1/2 cup Mixed Veg 1/2 cup Roll 1 Jello with Fruit 1/2 cup SF Jello with friut 1/2 cup | Grilled Sausage Patty Peppers & Onions on roll 6oz German Potato salad 1/2 c Fresh Fruit Cup 1/2 cup | Spanish Rice 6oz Fresh Green Beans 1/2 cup Wheat Bread 1 Bread Pudding 1/2 cup SF Bread Pudding 1/2 c | Chicken & Dumplings 6oz Corn 1/2 cup Chocolate Mousse 1/2 cup SF Chocolate Mousse 1/2 cup |

*****Regular and Decaffeinated Coffee and Tea, Juice, Milk and Ice Water offered and available at all meals.**

Snacks Available: Lorna Doones Fig Newtons Applesauce Saltine crackers Graham crackers