

Week 1							
Camillus Ridge Terrace 2018 Spring/Summer Reg/NAS/No Concentrated Sweets							
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfst	Cinnamon Roll 1 Chef Choice Omelet 4oz Melon 1/2 cup Juice 4oz	Hot or Cold Cereal 1/2 cup OR Raisin Toast 2 Choice of Egg 2 Orange Slices 1/2 cup Juice 4oz	Corn Beef Hash 4oz Poached Egg 2 Toast 2 Melon 1/2 cup Juice 4oz	Assorted Donuts 1 OR Toast 2 Scrambled Egg 1/2 cup Sausage Links 2 Orange Slices 1/2 cup Juice 4oz	Hot or Cold Cereal 1/2 cup OR Raisin Toast 2 Choice of Egg 2 Banana 1 Juice 4oz	Waffles 2 and Syrup 2 oz Bacon Stripes 2 slices Fresh Berries 1/2 cup Juice 4oz	The CRT Muffin 1 Sausage /Egg/Cheese Melon 1/2 cup Juice 4 oz
LUNCH	Pot Roast/Gravy 4oz Mashed Potato 1/2 cup Baby Carrots 1/2 cup Roll 1 Chef Choice Cake 1 SF Cake 1	Grilled Cheeseburger on Roll 5oz Mac Salad 1/2 cup Corn 1/2 cup Water Melon Cubed 1/2 cup	Parm Crusted Chicken 3oz Lemon Butter Sauce 1oz Rice Pilaf 1/2 cup Fresh Green Beans 1/2 c Bread 1 slice MandarinOrangeMousse 1/2c SF Mousse 1/2 cup	Baked Ziti & Sweet Sausage 6oz Side Salad 1/2 cup Roll 1 Cannoli 2 SF Cannoli 2	Chicken Stir Fry Green beans & Broccoli 6oz over Rice 1/2 cup Bread 1 slice Coconut Cake 1 SF Coconut cake 1	Baked Salmon 3oz over Fresh Greens 1/2 cup Creamy Dill Dressing 2oz Baked Potato 1 (3oz) Wheat roll 1 Ice Cr/Strwbrry Topping 1 SF Ice Cream 1/2 cup	Baked Ravioli 6oz Fresh Brussel Sprouts 1/2 cup Wheat Bread 1 Chef Choice Cookie 2 SF Cookie 2
DINNER	Cream of Potato soup with crackers 6oz Ham & Cheese on Rye 5oz Let & Tom 2 oz Tropical Fruit 1/2 cup	Spinach & Mush Quiche 6oz Peas 1/2 cup Boston Cream pie 1 SF Boston Cream Pie 1	Cold Plate Crabmeat salad Cuc/Tom Salad 1/2 cup Fresh Fruit 1/2 cup Wheat roll 1 Cupcake 1/SF Cupcake 1	Tuna Melt on Crossant 5oz Sun Chips 1/2 cup Vegetable Soup 6oz Angel food Cake w/berries SF Angel Food Cake with Berries 1/2 cup	Grilled Hofmman Hot Dog on Roll 1 Potato Salad 1/2 cup Baked beans 1/2 cup Strawberry Mousse 1/2 cu SF Strawberry Mousse 1/2 c	Swedish Meatballs over Noodles 6oz Garlic Bread 1 slice Mixed veg 1/2 cup Brownies and topping 1 SF Brownies 1	Scalloped Potatoes and Ham 6oz Wax Beans 1/2 cup Roll 1 Jello & Fruit 1/2 cup SF Jello & Fruit 1/2 cup

*****Regular and Decaffeinated Coffee and Tea, Juice, Milk and Ice Water offered and available at all meals.**

Snacks available: Lorna doones Fig newtons Applesauce Saltine Crackers Graham Crackers