

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
NOVEMBER 2017		Key: Main Dining Room- MDR Main Living Room- MLR Yesterday's Café- YC Activity Kitchen- AK Memory Care- MC Lobby	1 9:30 Exercise MLR 10:30 News & Views YC 11:15 Hot Topics YC 1:30 Walks Outside 2:00 Ice Cream Social YC 2:00 Bingo YC 3:30 Card Club YC 6:00 Evening Movie MLR Cristen	2 9:30 Exercise MLR 10:15 Rosary MLR 10:45 News & Views YC 1:30 Group Walk Lobby 1:30 Bible Study MC 2:00 Bowling MLR 3:30 Card Games YC 6:00 Evening Movie MLR Cristen	3 9:30 Exercise MLR 10:30 News & Views YC 11:00 Manicures AK 1:30 Step It Up! 2:30 Happy Hour & Birthday Party w/ Mike Romano MDR 6:00 Evening Movie MLR Cristen	4 9:30 Exercise MLR 10:30 News & Views YC 11:00 You be the Judge YC 1:30 Strolls Together 2:00 Nickel Bingo YC 3:30 Crafts AK 7:00 Lawrence Welk MLR Debbie	
	5 9:30 Exercise MLR 10:15 Communion MLR 10:45 News & Views YC 1:45 Church Services MLR 2:45 Quarter Bingo YC 4:00 Making Cards AK 6:00 Evening Bingo *DAY LIGHT SAVINGS ENDS* Debbie	6 9:30 Exercise MLR 10:30 News & Views YC 11:00 Fill in the Blank! 1:30 Walking Group Lobby 2:00 Nickel Famous Faces Bingo YC 3:30 Manicures AK 6:00 Evening Movie MLR Cristen	7 Sunshine Pals 9:30 Exercise MLR 10:30 News & Views YC <i>11:30 Lunch Trip</i> 1:30 Walking Group 2:00 Sunshine Pals YC 3:30 Rummy Cards 6:00 Evening Movie MLR Cristen	8 9:30 Exercise MLR 10:30 News & Views YC 11:00 Funny Jokes! YC 2:00 Ice Cream Social YC 2:30 DOLLAR BINGO YC 4:00 Cards YC 6:00 Evening Movie MLR Cristen	9 9:30 Exercise MLR 10:15 Rosary MLR 10:45 News & Views YC 1:30 Strolling Outside 1:30 Bible Study MC 2:00 Dime Bingo YC 3:30 Fran Berg MLR 6:00 Evening Movie MLR Cristen	10 9:30 Exercise MLR 10:30 News & Views MLR 11:00 Manicures AK 1:30 Step It Up! MLR 2:30 Happy Hour w/ Steven Banyas MLR 6:00 Evening Movie MLR Cristen	11 Veteran's Day 9:30 Exercise MLR 10:30 News & Views YC 11:00 Veteran's Day Facts 1:30 Outdoor Walks 2:00 Nickel Bingo YC 3:30 Rummy Cards YC 7:00 Lawrence Welk MLR Alyson
	12 9:30 Exercise MLR 10:15 Communion MLR 10:45 News & Views YC 1:45 Church Services MLR 2:45 Dime Bingo YC 4:00 Craft Group AK 6:00 Evening Movie MLR Alyson	13 9:30 Exercise MLR 10:30 News & Views YC 11:15 Trivia 1:30 Outdoor Walks 2:00 The Skaneateles Singing Singers MLR 3:30 Manicures AK 6:00 Evening Movie MLR Cristen	14 9:30 Exercise MLR 10:30 News & Views YC <i>12:30 Shopping Trip</i> 1:30 Walks Together 2:30 Nickel Bingo YC 4:00 Uno/Board Games YC 6:00 Evening Movie MLR Cristen	15 MASS 9:30 Exercise MLR 10:30 News & Views YC 11:00 MASS MLR 1:30 Walking Group 2:00 Ice Cream Social YC 2:45 Nickel Music Bingo YC 6:00 Evening Movie MLR Cristen	16 9:30 Exercise MLR 10:15 Rosary MLR 10:45 News & Views YC 1:30 Walking Group 1:30 Bible Study MC 2:30 The Nostalgics MLR 6:00 Evening Movie MLR Cristen	17 9:30 Exercise MLR 10:30 News & Views YC 11:00 Manicures AK 2:30 Happy Hour w/ Andy Rudy MLR 7:15 The Mennonites MLR Cristen	18 9:30 Exercise MLR 10:30 News & Views YC 11:00 Trivia Fun 1:30 Walking Together 2:00 Chocolate Bingo YC 3:30 Stories YC 7:00 Lawrence Welk MLR Debbie
	19 9:30 Exercise MLR 10:15 Communion MLR 10:45 News & Views YC 1:45 Church Services MLR 2:45 Bingo ! YC 4:00 Autumn Crafts AK 6:00 Evening Movie MLR Alyson	20 9:30 Exercise MLR 10:30 News & Views YC 11:00 Baking Cookies AK 1:30 Walks Together 2:00 Dime Bingo YC 3:30 Manicures AK 6:00 Evening Movie MLR Cristen	21 SUNSHINE PALS 9:30 Exercise MLR 10:30 News & Views YC 11:00 Famous Celebrities 1:30 Walking Group 2:00 Sunshine Pals YC 2:30 Nickel Bingo YC 6:00 Evening Movie MLR Cristen	22 9:30 Exercise MLR 10:30 News & Views YC 11:00 Finish The Lyric YC 1:30 Walking Group 2:00 Ice Cream Social YC 2:45 Dime Bingo YC 6:00 Evening Movie MLR Cristen	23 THANKSGIVING 9:30 Exercise MLR 10:30 News & Views YC 11:00 Family Memories YC 1:30 Walking 2:00 Warm Apple Crisp YC 2:30 Sing-a-long YC 4:00 Cards YC 6:00 Evening Movie MLR Cristen	24 9:30 Exercise MLR 10:30 News & Views YC 2:30 Happy Hour w/ Larry Serefini MDR 6:00 Evening Movie MLR Cristen	25 9:30 Exercise MLR 10:30 News Group YC 11:00 Funny Jokes YC 1:30 Walks 2:00 Nickel Bingo YC 3:30 Board Games YC 7:00 Lawrence Welk MLR Debbie
	26 9:30 Exercise MLR 10:15 Communion MLR 10:45 News & Views YC 1:45 Church Services MLR 2:45 Pokeeno Bingo YC 4:00 Crafts AK 6:00 Evening Movie MLR Alyson	27 9:30 Exercise MLR 10:30 News & Views YC 11:00 Manicures AK 1:30 Walking!! 2:00 Bingo Fun!!!! YC 3:30 Cards YC 6:00 Evening Movie MLR Cristen	28 9:30 Exercise MLR 10:30 News & Views YC <i>11:30 Lunch Trip</i> 2:30 Music Nickel Bingo YC 3:30 Jenga/Cards YC 6:00 Spooky Movie MLR Cristen	29 9:30 Exercise MLR 10:30 News & Views YC 11:00 Sounds and Song YC 1:30 Walks Together 2:00 Ice Cream Social YC 2:30 Dime Bingo YC 4:00 Cards 6:30 Bob Sealy MLR Cristen	30 PODIATRIST 9:30 Exercise MLR 10:30 Rosary MLR 10:30 News & Views YC 1:00 PODIATRIST MLR 1:30 Walking Group 2:00 Bingo!! YC 3:30 Fran Berg MLR 6:00 Evening Movie MLR Cristen	Activity Staff: *Cristen Nichols- Director of Activities *Deb Haumann *Alyson Esposito Questions- call Cristen at 315-672-3790	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All scheduled Activities are led by the Activities Director unless otherwise noted and are subject to change.</p>	<p>Any Questions? Please contact Cristine Nichols (315)672-3790</p> <p><u>FoodCommitteMeetings:</u> 10/5 and 10/19 at 11:00am</p>	<p>Key: YC... Yesterday's Café AK... Activity Kitchen MLR... MainLivingRm MDR... MainDiningRm ML... Main Lobby MC... Memory Care FD... FormalDiningRm <i>Italicizes for Outings</i></p>	<p><u>Birthdays:</u> <i>10/18.... Elizabeth W.</i></p>			<p>1</p> <p>9:30 Exercise MLR 10:30CoffeeBreakYC 1:30 StepOnIt ML 2:00 Nickel Bingo YC 3:00FallSocialYC 4:00 Cards YC Activities provided by Dawn</p>
<p>Catholic Comm. 2</p> <p>9:30 ExerciseM LR 10:30 News&ViewsYC 1:00 StepOnIt ML 2:00 Trivia YC 3:00Dog Visit"Luke"YC 4:00 Church MLR Activities provided by Danielle</p>	<p>Presentation 3</p> <p>9:30 Exercise MLR 10:30News&ViewsYC 1:00 StepOnIt ML 2:00 Dime Bingo YC 3:00 Presentation YC 4:00GroupGamesYC</p>	<p>Sunshine Pals 4</p> <p>9:30 Exercise MLR 10:30 News&ViewsYC 2:00 SunshinePalsYC 3:00 Bingo YC 4:00 Group GamesAK 6:00MovieMLR</p>	<p>Presentation 5</p> <p>9:30 Exercise MLR 10:30News&ViewsYC 1:30 Nickel Bingo YC 2:30IceCreamSocialYC 3:00PresidentialMem.MLR 4:00 Card Games YC</p>	<p>Podiatrist 6</p> <p>9:30 Exercise MLR 10:15RosaryMLR 1:30 BibleStudyMC 2:00 Bingo YC 3:15 <i>Store Trip</i> 6:00MovieMLR</p>	<p>October BDay Party7</p> <p>9:30 Exercise MLR 10:30News&ViewsYC 1:15 Res.Council MLR 2:30 HappyHourMDR* 3:45 Group GameYC *Howie Bartollo</p>	<p>8</p> <p>9:30 Exercise MLR 10:30CoffeeBreakYC 1:30 StepOnIt ML 2:00 Nickel Bingo YC 3:00FallSocialYC 4:00 Cards YC Activities provided by Emily</p>
<p>9</p> <p>9:30 ExerciseM LR 10:15 News&Views YC 1:45 Church MLR 2:30 StepOnIt ML 3:00 Trivia YC 4:00 Cards YC Activities provided by Emily</p>	<p>Presentation 10</p> <p>9:30 Exercise MLR 10:30News&ViewsYC 1:00 StepOnIt ML 2:00AnneStott"Italy" MLR 3:30 Manicures AK 4:00GroupGamesYC</p>	<p>11</p> <p>9:30 Exercise MLR 10:30 News&ViewsYC 1:00 StepOnIt!ML 2:00 Sing-A-Long YC 3:00 BingoYC 4:00 Group GamesAK 6:00MovieMLR</p>	<p>12</p> <p>9:30 Exercise MLR 10:30News&ViewsYC 1:30 Nickel Bingo YC 2:30IceCreamSocialYC 3:00 <i>Scenic Drive</i> 4:00 Card Games YC</p>	<p>13</p> <p>9:30 Exercise MLR 10:15RosaryMLR 1:30 BibleStudyMC 2:00 Bingo YC 3:15 <i>Store Trip</i> 6:00MovieMLR</p>	<p>14</p> <p>9:30 Exercise MLR 10:30News&ViewsYC 1:00 StepOnIt ML 2:30 HappyHourMDR* 3:45 Trivia YC *Jilissa Vellake</p>	<p>15</p> <p>9:30 Exercise MLR 10:30CoffeeBreakYC 1:30 StepOnIt ML 2:00 Nickel Bingo YC 3:00FallSocialYC 4:00 Cards YC Activities provided by Emily</p>
<p>Catholic Comm. 16</p> <p>9:30 ExerciseM LR 10:15 News&Views YC 2:00 Church MLR 3:00 Trivia YC 4:00 Cards YC Activities provided by Danielle</p>	<p>Entertainment 17</p> <p>9:30 Exercise MLR 10:30News&ViewsYC 1:00 StepOnIt ML 2:00SingingSeniorsMLR 3:15 Manicures AK 4:00GroupGamesYC</p>	<p>Sunshine Pals 18</p> <p>9:30 Exercise MLR 10:30 News&ViewsYC 11:15 <i>Out to Lunch</i> 2:00 SunshinePalsYC 3:00 BingoYC 4:00 Group GamesAK 6:00MovieMLR</p>	<p>Catholic Mass 19</p> <p>9:30 Exercise MLR 10:30News&ViewsYC 11:00 Mass MLR 1:30 Nickel Bingo YC 2:30IceCreamSocialYC 3:00 <i>Scenic Drive</i> 4:00 Card Games YC</p>	<p>20</p> <p>9:30 Exercise MLR 10:15RosaryMLR 1:30 BibleStudyMC 2:00 Bingo YC 3:15 <i>Store Trip</i> 6:00MovieMLR</p>	<p>Mennonites 21</p> <p>9:30 Exercise MLR 10:30News&ViewsYC 1:00 StepOnIt ML 2:30 HappyHourMDR* 3:45 Group GameAK 7:15Mennonites MLR *Blair Frodelius</p>	<p>22</p> <p>9:30 Exercise MLR 10:30CoffeeBreakYC 1:30 StepOnIt ML 2:00 Nickel Bingo YC 3:00 Fall SocialYC 4:00 Cards YC Activities provided by Dawn</p>
<p>Catholic Comm. 23/30</p> <p>9:30 ExerciseM LR 10:15 News&Views YC 2:00 Church MLR 3:00 Trivia YC 4:00 Cards YC Activities provided by Emily/Danielle</p>	<p>24/Halloween31</p> <p>9:30 Exercise MLR 10:30News&ViewsYC 1:00 StepOnIt ML 2:00 Dime Bingo YC 3:15 Manicures AK 4:00GroupGamesYC</p>	<p>Movie Magic 25</p> <p>9:30 Exercise MLR 10:30 News&ViewsYC 11:15 <i>Out to Lunch</i> 1:30 Mike Price MLR 3:30 BingoYC 6:00MovieMLR</p>	<p>26</p> <p>9:30 Exercise MLR 10:30News&ViewsYC 1:30 Nickel Bingo YC 2:30IceCreamSocialYC 3:00 <i>Scenic Drive</i> 4:00 Card Games YC</p>	<p>27</p> <p>9:30 Exercise MLR 10:15RosaryMLR 1:30 BibleStudyMC 2:00 Bingo YC 3:15 <i>Store Trip</i> 6:00MovieMLR</p>	<p>28</p> <p>9:30 Exercise MLR 10:30News&ViewsYC 1:00 StepOnIt ML 2:30 HappyHourMDR* 3:45 Trivia YC *Andy Rudy</p>	<p>29</p> <p>9:30 Exercise MLR 10:30CoffeeBreakYC 1:30 StepOnIt ML 2:00 Nickel Bingo YC 3:00 Fall SocialYC 4:00 Cards YC Activities provided by Emily</p>

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November 2017			1 9:30 Exercise 10:30 Balloon Volleyball 11:00 Puzzles 1:30 Friendly visits 2:30 Ice cream Social 2:30 Trivia Time 3:30 Scenic Drive 6:00 Movies (Deb)	2 9:30 Exercise 10:30 Simon Says 11:00 Card Games 1:30 Bible Study 2:30 Music and manicures 2:00 Fall social 2:00 Crossword Puzzle Fall word finds 3:30 Reminiscing 6:00 Movie time (Deb)	3 9:30 Exercise 10:30 Parachute 11:00 Resident games 1:30 Television Hour 2:30 Happy Hour and Birthday (arty w/ Mike Romano MDR 4:00 Everyday Trivia 6:00 Movie of the week (MC Staff)	4 9:30 Exercise 10:30 Name 5 11:00 Sing-a-long 2:00 Walk outside 2:30 Music and Manicures 3:30 Finish the line 6:00 Saturday night at the Movies (MC Staff)	
	5 9:30 Exercise 10:00 Sing a long Hymns 10:30 Communion 1:30 Coupon clippers 3:00 Word finds 4:00 Relaxing to Music 6:00 Sunday evening Movie (MC Staff)	6 9:30 Exercise 10:30 Beanbag toss 11:15 Guideposts 1:30 Big Band Music and Magazines 2:00 Name That Memory 3:00 Puzzles 3:30 Walk outside 6:00 Evening Movie (MC Staff)	7 SUNSHINE PALS 9:30 Exercise 10:30 Tongue Twisters 11:00 Table topics 1:30 Pampered Hands 2:30 Sunshine Pals 3:30 Residents choice 6:00 Movie night (Deb)	8 9:30 Exercise 10:30 Guideposts 11:15 Finishing Lines Trivia 1:30 Music Music Music 2:00 Ice cream social 2:30 How many words 3:30 Scenic Drive 6:00 Evening Movie with friends (Deb)	9 9:30 Exercise 10:15 Rosary LR 10:30 Chicken soup stories 11:00 Word finds 1:30 Bible Study MC 2:00 Fall social 2:30 Music and manicures 3:30 Fran Berg MLR 6:00 Evening Movie (Deb)	10 9:30 Exercise 10:30 Balloon Volley 11:00 Manicures 1:30 Sitting outdoors *2:30 Happy Hour w/ Steven Banyas MLR 3:45 Big Band Music 6:00 Movie of the week (MC Staff)	11 VETERANS DAY 9:30 Exercise 10:30 Veterans Day facts 11:00 Make pumpkin bread 1:30 Coloring /Drawing 2:30 Music and Manicures 3:30 Listening to 40's music 6:00 Saturday night Movie (MC Staff)
	12 9:30 Exercise 10:30 Communion 10:45 News & Views 1:45 Church service 2:30 Laugh Basket 4:00 Swing Music 6:00 Sunday evening movie Western Movie (MC Staff)	13 9:30 Exercise 10:30 Beanbag toss 11:15 Puzzles 1:30 Sing with me! 2:00 Skaneateles Singers MLR 3:30 Poems or reading 6:00 Evening Movie Time (MC Staff)	14 9:30 Exercise 10:30 Balloon kickball 11:00 National Teddy Bear day 2:00 Ford's theatre 2:30 Sunshine Pals 3:30 Words in a word game 6:00 Evening Movie (Deb)	15 MASS 9:30 Exercise 10:30 Balloon Volley 11:00 MASS MLR 2:00 Ice cream Social 2:30 Make cranberry muffins 3:30 Prize Bingo 6:00 Movie Time (Deb)	16 9:30 Exercise 10:15 Rosary LR 10:30 News 11:00 Charades 1:30 Bible Study MC 2:30 The Nostalgics 3:00 Music and Manicures 6:00 Movie Night with friends (Deb)	17 9:30 Exercise 10:30 Balloon kickball 11:00 Inspirational stories 1:30 Creative Coloring *2:30 Happy Hour w/ Andy Rudy 6:00 Movie of the week MLR (MC Staff)	18 9:30 Exercise 10:30 Baking Brownies 11:15 Outdoor walks 1:30 Afternoon movie 3:30 Music and Manicures 6:00 Saturday night at the movies (MC Staff)
	19 9:30 Exercise 10:15 Communion 10:45 Music memories 1:45 Church Service LR 2:30 Treasured Toys and games reminisce 3:30 Silly songs 6:00 Movie Night (MC Staff)	20 9:30 Exercise 10:30 Balloon kickball 11:15 Puzzles 1:30 Match game 2:00 Fall coloring 3: Make your point trivia 6:00 Movie Time (MC Staff)	21 SUNSHINE PALS 9:30 Exercise 10:30 Name 10 11:00 Coloring contest 1:00 Friendly visits 2:30 Sunshine Pals 3:30 Games and cards 6:00 Movie Night (Deb)	22 9:30 Exercise 10:30 Balloon volleyball 11:00 Games and puzzles 1:30 Music memories 2:00 Ice cream Social 2:30 Reminiscing Thanksgiving memories 3:30 Music and Manicures 6:00 Movie (Deb)	23 THANKSGIVING 9:30 Exercise 10:00 Thanksgiving Parade 11:00 Dominoes 1:30 Afternoon chats 2:00 Afternoon movie 3:30 Jazz Music 6:00 Movie MLR (MC Staff)	24 9:30 Exercise 10:30 Dominoes 11:00 Card games 1:30 Music memories *2:30 Happy Hour w/ Larry Sarafini MDR 4:00 Strolling to music 6:00 Movie of the week (MC Staff)	25 9:30 Exercise 10:30 Matching Game 11:15 Sensory basket 1:30 One on one visits 2:30 Music and Manicures 3:30 Games and puzzles 6:00 Saturday night at the movies (MC Staff)

<p>9:30 Exercise 26 10:30 Communion 10:45 Tree decorating And snack with Deb 1:45 Church Services MLR 3:00 Walk outside 6:00 Sunday Evening Movie (MC Staff)</p>	<p>9:30 Exercise 27 10:00 Coloring 10:30 Word Search 11:15 Short stories 1:30 Card Games 2:00 Afternoon trivia 3:00 Puzzles and Games 4:00 Easy listening Music 6:00 Movie Night (MC Staff)</p>	<p>9:30 Exercise 28 10:30 Balloon Volleyball 11:15 Name 5 1:30 Trivia 2:00 Winter craft 3:30 Music and Manicules 6:00 Evening Movie (Deb)</p>	<p>9:30 Exercise 29 10:30 Bowling 11:00 Reminiscing 1:30 Sing with me 3:00 Crafts 6:30 Bob Sealy MLR (Deb)</p>	<p>PODIATRIST 30 9:30 Exercise 10:30 Music and trivia 11:00 True/False Game 1:30 Bible Study 2:00 Fall social 2:30 Music & Manicules 3:30 Fran Berg 6:00 Evening Movie (Deb)</p>	<p><i>Activities are led by Memory Care Staff and Deb Haumann</i> Any questions please call Cristen at 315-672-3790 Staff- Deb Haumann</p>	<p><i>*Outside Activities are available to residents weather permitting.</i></p>
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